

Join Us for Our FB Programs



and Telephone Support Groups*

Go to [ADRC's Facebook Page](#) for more Info



**Alzheimer's Disease
Resource Center**

Keeping Help and Hope In Mind



MONDAY



**Activity with CenterLight
11 am - 12 pm**

**Music Program
with Roberta Fabiano
2 pm - 3 pm**



TUESDAY



**Music with CenterLight
11 am - 12 pm**

**Music Program
with Renee Meadows*
2 pm - 3 pm**



WEDNESDAY



**Fitness with CenterLight
11 am - 12 pm**

**Music Program
with Richard Rossicone
2 pm - 3 pm**



THURSDAY



**Music with CenterLight
11 am - 12 pm**

**Music with
Richard Rossicone
2 pm - 3 pm**



FRIDAY



**Bingo with CenterLight
11 am - 12 pm**

**Music with
Richard Frank
2 pm - 3 pm**

***Caregiver Support
Telechat
Monday - Friday
To schedule an
appointment, please email:
Cassandra.Tavella@ADRCinc.org**