



Alzheimer's Disease  
Resource Center

*Keeping Help and Hope In Mind*

# **COPING WITH LOSS DURING COVID**



It's a unique kind of grief  
and  
different type of bereavement

**We have new ways to deal with both**

Our licensed Social Workers provide  
Support and Services free of charge  
by phone, FaceTime or Zoom  
Counseling available for individuals and  
families

**Support Groups Forming Now**

You don't have to go through this alone -  
even during isolation!

Email or call Cassandra Tavella, LMSW  
[cassandra.tavella@ADRCinc.org](mailto:cassandra.tavella@ADRCinc.org)

**516.655.4011**