



**Alzheimer's Disease
Resource Center**

Keeping Help and Hope In Mind



JOIN OUR ALZHEIMER'S CAREGIVER TELEPHONE SUPPORT GROUPS

Because of the current COVID-19 pandemic, **ADRC** recognizes that social distancing may be a challenge. If you are struggling with isolation or feeling alone,

WE ARE HERE FOR YOU!

We are offering support groups by way of telephone. Please feel free to call our toll free number:

425.436.6397

When prompted, please enter the participation code:
513432

We are available:

Monday - Friday

10 am - 11 am & 1 pm - 2 pm

***Our Care Consultant is also available
for one-to-one conversations. Please contact:
Cassandra Tavella 631.580.5100 Ext 302
Email: cassandra.tavella@ADRCinc.org**

**Alzheimer's Disease Resource Center
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