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Neuberger Berman, Raytheon
Starbucks, Thrivent, Verizon
Wells Fargo, Zebra



Alzheimer's Disease might hide the person underneath, but there's still a person in there that needs your love, attention and support.



Please Give From the Heart



*Memories Live in the Heart
What the Mind Forgets,
The Heart Remembers*



200 Carleton Avenue
East Islip, NY 11730
631.580.5100
www.ADRCinc.org



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Our compassionate team is here to provide help and hope to people affected by Alzheimer's or dementia, including diagnosed individuals and those who love and care for them.

We are proud to offer **FREE** services to Long Island families.
Our staff is here throughout the process as a partner in your journey.

PROGRAMS AND SERVICES

Art Therapy – Creativity is one of life's biggest joys!

It stimulates and enriches those struggling with memory loss and opens alternate pathways for expression and recollection. The ADRC's Art Therapy Programs are led by professional art therapists. They introduce projects appropriate for people with Alzheimer's and other cognitive impairments, using a hands-on approach.



Music Therapy - Music is a language all its own!

It unlocks emotion, unleashes joy and enhances wellbeing. Often, an appreciation and connection to music is of great value to people with Alzheimer's, as they lose communication capacity. ADRC's interactive Music Therapy Program enables people with Alzheimer's, and their caregivers, to revel in music's restorative power. A professional musical therapist leads each group through a medley of familiar melodies, and participants are invited to sing, dance and play along with hand-held percussion instruments.



Equine Therapy

Our program is focused on people spending time "in the moment" with the horses, in a beautiful, natural setting. Participants are guided through gentle interactions, such as feeding and grooming. These activities promote a connection to the accepting, friendly equine spirits. Horses are highly intuitive creatures, receptive to both verbal and non-verbal communication.



Counseling and Services

Our staff offers unconditional support and professional counseling services. We will assist navigating the caregiving process and provide insight into how Alzheimer's disease progresses. One-on-one or family consulting sessions are available.

You're not alone! ADRC offers support groups to help cope with stress and issues associated with caregiving for a person diagnosed with Alzheimer's disease. Support groups are offered in-person or zoom for your comfort.



**Giving is not just about making a donation,
It's About Making A Difference!**

About You: (Please print)

Date _____

Name _____

Company/Contact _____

Address _____

City, State, Zip _____

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My employer makes matching gifts or makes volunteer hour grants

Name of employer _____

See flip side for list of employers that may offer matching gifts or grants.

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LEVELS OF GIVING \$1,000 \$750 \$500 \$250 \$100 \$50 \$18

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I will become a MONTHLY donor. Please continue my pledge.

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Please make checks payable to ADRC, Inc.

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All gifts to ADRC, Inc. are tax deductible.

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**THANK YOU FOR YOUR GIFT
AND GENEROSITY!**

