



Alzheimer's Disease Resource Center

Keeping Help and Hope In Mind

ANNUAL REPORT

ADRC makes a positive impact in the lives of Long Island residents navigating Alzheimer's Disease and related dementias. 2022 was a year of change and growth. Our mission to provide care, support and educational programs and advocacy to families in need remains steadfast.

2022



631.580.5100



www.ADRCCinc.org



200 Carleton Avenue
East Islip, NY 11730



Director's Letter

from Lauren Vlachos



Dear Friends of ADRC,

2022 was a year of new beginnings for the Alzheimer's Disease Resource Center. The organization secured a leased space at 200 Carleton Avenue on May 1. On June 1, I had the fortunate privilege to be named the new Executive Director. Our team was myself and our amazing Social Worker, Sharon Reichman. In June, Director of Operations, Maria Prendergast returned to ADRC and we hosted a ribbon cutting ceremony for the new space. In July, Carol Hartmann, Director of Programs, Education, and Training joined the staff and instantly began scheduling programs, trainings, and activities for families and professionals. In addition, former Program Director Michele Payne was brought back as a consultant to ensure we stayed true to ADRC's mission and outreach. In August, Gina Carson, Director of Development joined the team. In September, we hosted our annual Art Expression Art Show at the Islip Arts Gallery with over 75 artists' work being displayed and a reception that hosted over 150 attendees. We also signed up 15 organizations to participate in Art Expressions for the 2023 year. We started weekly Art and Music Therapy programs at our headquarters. Our Support groups increased to 17 groups held monthly in person or via Zoom. Partnerships with Stony Brook, Hofstra, and Touro graduate students resumed. We reignited our Equine Therapy at Marlokai Horse Rescue. To support our efforts we secured funding from NYS, local foundations, community grants, local businesses, and individual donors.

ADRC is back! and 2023 is going to be even better. New partnership programs are being developed with the Stony Brook Carriage House and the Cradle of Aviation, additional Horse farms, and more support groups. We are doing more education and community outreach on the east end of Long Island and will continue to provide all services, programs, and educational opportunities free to Long Island families.

On behalf of all those we serve, I thank you for your support and friendship. Your generosity enables ADRC to keep Help & Hope in Mind!

Sincerely,
Lauren Vlachos
Executive Director



PROGRAMS

Art Therapy - 325 Participants

Music & Movement - 700 Participants

Equine Therapy - 14 Participants

Paint the Parrish - 220+ Participants

Brain Games - 300+ Participants



SERVICES

Care Consultations

350 Individuals & Families Served

Support Groups - 17 Groups offered both virtually and in-person, served 700+ caregivers



TRAINING

Caregiver Training - 400+ caregivers received education

Professional Training - 500 professionals received continuing education



OPERATING BUDGET

Support and Revenue

Contributions & Grants	\$464,000
Program Service Revenue	\$82,500
Investment Income (Sale of Building)	\$969,000
Total Revenue	\$1,513,000

Expenses	\$612,000
Program Services	\$404,000
Fundraising	\$29,000
Management & Support Services	\$179,000

OUR DONORS

\$25,000+ Americana Manhasset - Champions for Charity Program

\$5000+ Adam Demetri Esq., Howard Gershowitz,
SeniorCare Companions, Virginia Kranz

\$2,500+ A Gentle Touch Senior Home Health Care,
Ewrin Kay, Lori Catapano

\$1,000+ Marijane Camilleri, Durinda Dalton,
Reliance Masonic Lodge 776

GRANTS

New York State Dept. of Health
The Alfred and Lucille Bronson Foundation
Bobbie Braun & The Neuwirth Foundation
Fay J. Lindner Foundation
Town of Islip



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ADRC TEAM

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Gina Carson, Director of Development
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Maria Prendergast, Director of Operations and Volunteer Engagement
Sharon Reichman, Director of Client Services





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